

MINNESOTA

2003 BESTS

AND

ALL-TIME

BESTS

100 METERS- Minnesota Bests in 2003

10.45 Ibrahim Kabia 11 Champlin Park
10.76 Jon Boyd 9 Mankato East
10.78 Antwon Simmons 12 Minneapolis North
10.79 Venus Griffin 12 North St Paul
10.80 Mike Graham 11 Tartan
10.82 Paul Laclaire 12 Irondale
10.6 Jerald Burton 12 Osseo
10.85 Shayne Shaw 11 Eastview
10.85 Jared Sandin 12 Minneapolis South
10.85 Jonathan Thompson 11 St Louis Park

10.86 Joe Bowen 12 Eastview
10.90 Wole Adebayo 11 Rochester Century
10.94 Keith Badger 10 Park
11.00 Adrian Perryman 12 St Paul Central
11.00 Brian Duncanson 12 Mounds View
11.01 Jason Erickson 12 Alexandria
11.04 Wade Lescault 12 Minneapolis Roosevelt
11.05 Travis Suss 12 Lakeville
11.05 Trey Randol 12 Minnetonka
11.06 John Shevlin 12 Eastview

11.08 Marcus Wells 12 St Paul Harding
11.10 Joel Melin 10 Anoka
11.10 Vince Fields 11 White Bear Lake
11.11 Mike Mandel 12 Osseo
11.11 Dan Jago 11 Hermantown
11.12 Justin Suss 10 Lakeville
11.13 Travis Jackson 10 North St Paul
11.14 Craig Landfair 12 St Paul Humboldt
11.14 Chris Reid 12 Hills-Beaver Creek/Ellsworth
10.9 Josh Rasmussen 12 Russell-Tyler-Ruthton-LkB

11.18 Nick Heminover 12 Mankato East
11.20 Joe Russell 12 Rochester JM
11.20 Mike Sheppard 11 Irondale
11.20 Luke Hinz 10 Annandale
11.21 Ayinde Adeniyi 11 Blaine
11.21 Chanth Phommachan 11 Minneapolis Henry
11.21 Brian Baumann 11 Blue Earth Area
11.22 Todd Novak 11 Foley
11.23 Michael Sather 12 Eden Prairie
11.0 Daniel Kjosling 10 Mankato East

11.0 Philip Hedlof 12 Willmar
11.0 Aaron Janssen 12 Montevideo
11.25 Nick Herold 9 North St Paul
11.26 Nsanwuy Jogwuia 11 Columbia Heights
11.26 Dan Presthus 12 Bloomington Jefferson
11.27 Delroy Henry 11 Minneapolis Roosevelt
11.27 Brandon Robinson 11 Breck
11.28 Dan Weber 12 Mounds View
11.28 Bryan Woitas 11 Waterville-Elysian-Morristown
11.29 Ben Koestler 12 Dover-Eyota/St Charles

11.29 Grant McDonald 11 Mound Westonka
11.29 Tremmel Powell-Scott 10 Roseville Area
11.29 Jade Ellis 11 Totino Grace
11.29 Rory Manke 11 Detroit Lakes
11.31 Jon Patten 12 Bemidji
11.31 Orea Wright 11 Brooklyn Center
11.31 David Queck 10 Annandale
11.32 Tess Tibbs 11 Andover
11.32 Alex Foster 10 Minnetonka
11.33 Jay Thomas 10 Tartan

11.33 John Lautzenheiser 9 Duluth East
11.33 Jared Chambers 12 Cannon Falls
11.33 Jesse Stertz 12 Cherry
11.34 Dan Ericksen 11 Stillwater Area
11.1 Marcus Walgrave 12 Luverne
11.1 Marc Kohlhof 12 Redwood Valley
11.1 Tom Ellingworth 12 Redwood Valley
11.1 Levi DeVries 10 Mahanomen/Waubun
11.35 Aaron Buzard 12 Rochester Mayo
11.35 Michael Harrington 12 St Peter

200 METERS- Minnesota Bests in 2003

21.59 Antwon Simmons 12 Minneapolis North
21.60 Jon Boyd 9 Mankato East
21.65 Ibrahim Kabia 11 Champlin Park
21.77 Shayne Shaw 11 Eastview
21.6 Jerald Burton 12 Osseo
21.95 Wade Lescault 12 Minneapolis Roosevelt
22.08 Wole Adebayo 11 Rochester Century
22.09 Venus Griffin 12 North St Paul
22.20 Jason Erickson 12 Alexandria
22.22 John Shevlin 12 Eastview

22.28 Mike Sheppard 11 Irondale
22.28 Jonathan Thompson 11 St Louis Park
22.32 Aaron Buzard 12 Rochester Mayo
22.32 Lawrence Williams 12 Apple Valley
22.33 Mike Linnemann 11 Melrose
22.36 Keith Badger 10 Park
22.37 Austin Volla 11 Moorhead
22.42 Jonathon Allan 12 Mounds Park Academy
22.46 Patrick Williams 12 Blaine
22.46 Chris Reid 12 Hills-Beaver Creek/Ellsworth

22.50 Jake Rodriguez 12 White Bear Lake
22.53 Sam Carlson 12 LaCrescent
22.3 Jared Sandin 12 Minneapolis South
22.3 Jon Williams 12 Wayzata
22.56 Delroy Henry 11 Minneapolis Roosevelt
22.56 James Winsor 12 Hopkins
22.56 Cory Johnson 10 Moorhead
22.60 Marcus Wells 12 St Paul Harding
22.64 Mike Graham 11 Tartan
22.72 Trey Randol 12 Minnetonka

22.72 Orea Wright 11 Brooklyn Center
22.5 Jay Thomas 10 Tartan
22.5 Marcus Walgrave 12 Luverne
22.5 Josh Rasmussen 12 Russell-Tyler-Ruthton-LkB
22.5 Mark Miller 12 New London-Spicer
22.76 Daniel Kjosling 10 Mankato East
22.77 Travis Doeden 12 Hawley/Ulen-Hitterdal
22.78 Michael Sather 12 Eden Prairie
22.78 Sam Birkholz 10 St James
22.80 David Sharpe 12 St Francis

22.80 Alex Knodell 12 Rockford
22.6 Philip Hedlof 12 Willmar
22.6 Daniel Lawson 11 Sartell
22.6 Simon Hayes 12 Stewartville
22.6 Levi DeVries 10 Mahanomen/Waubun
22.86 Daniel O'Keefe 12 Woodbury
22.86 Brandon Robinson 11 Breck
22.88 Vince Fields 11 White Bear Lake
22.89 Travis Suss 12 Lakeville
22.89 John Vanek 11 Maple Grove

22.89 Pat Leaf 11 Winona Cotter
22.90 Brian Duncanson 12 Mounds View
22.92 Jacob Staneart 11 Sauk Rapids-Rice
22.94 Adrian Perryman 12 St Paul Central
22.7 Jeremy Faue 12 Wayzata
22.7 John Lautzenheiser 9 Duluth East
22.7 Cody Stenberg 11 Monticello
22.95 Drew Simington 11 Holy Angels
22.95 Anthony Schulzetenberg 12 Melrose
22.96 Aaron Janssen 12 Montevideo

22.97 Jake Casey 12 White Bear Lake
22.97 Ben Johnson 12 Rocori
23.00 Jaron Snoeyenbos 11 Duluth Marshall
23.02 Nick Jost 11 Mankato West
23.02 Craig Landfair 12 St Paul Humboldt
23.02 Jared Chambers 12 Cannon Falls
22.8 Nick Heminover 12 Mankato East
22.8 Mykelle Wright 11 Cretin-Derham Hall
23.04 Thomas Artus 12 Henry Sibley
22.8 Niels Egge 11 Robbinsdale Armstrong

23.04 Jon Patten 12 Bemidji
22.8 Brian Baumann 11 Blue Earth Area
23.04 Mike Kohnke 12 St Croix Lutheran

400 METERS- Minnesota Bests in 2003

48.07 Aaron Buzard 12 Rochester Mayo
49.14 Jerald Burton 12 Osseo
49.25 Tommy Ray 11 Minneapolis North
49.47 Josh Otto 11 Hill-Murray
49.59 Jake Carlson 10 East Central
49.60 Drew Simington 11 Holy Angels
49.68 James Winsor 12 Hopkins
49.75 Hans Storvick 11 Mankato West
49.78 Tom Cruse 12 Hastings
49.89 Simon Hayes 12 Stewartville

49.91 Kyle Vanselow 11 Rochester Lourdes
49.93 Delroy Henry 11 Minneapolis Roosevelt
49.96 Cody Stenberg 11 Monticello
50.00 Jonathon Allan 12 Mounds Park Academy
50.04 Tyler Sherden 12 Rochester JM
50.27 Jason Erickson 12 Alexandria
50.33 Brian Evans 12 Sibley East
50.34 Wole Adebayo 12 Rochester Century
50.1 Michael Queensland 12 Kingsland
50.35 Aaron Schloer 12 Minneapolis Southwest

50.41 Mike Yard 12 Maple Grove
50.43 Nick Jost 11 Mankato West
50.2 Mike VanBeusekom 12 Irondale
50.46 Jim Collins 10 White Bear Lake
50.50 Tyler Gronli 12 Princeton
50.3 Pat Leaf 11 Winona Cotter
50.55 Ben Pohlmann 10 Long Prairie-Grey Eagle
50.58 Jesse White 11 Northome/Kelliher/Black Duck
50.61 Josh Zupfer 12 New Ulm/Cathedral
50.72 Matt Eickhoff 12 St Cloud Cathedral

50.78 E.J. Houston 10 Cretin-Derham Hall
50.78 Josh Schultz 9 Elk River
50.79 Carl Smith 11 Mahtomedi
50.83 Mark Cavanaugh 11 Austin
50.83 Sam Hendricks 11 Mankato East
50.6 Bryan Hadoff 12 Lanesboro/Fillmore Central
50.86 Justin Reitsma 11 Waconia
50.89 Zach Toms 12 Brainerd
50.89 Dustin Kociemba 12 Albany
50.91 Jason Anderson 11 Burnsville

50.96 Jeremy Faue 12 Wayzata
50.97 Justin Klein 12 St Cloud Tech
50.99 Lee Trainor 10 Mounds View
51.06 Nathan Porter 11 Woodbury
51.06 Rich Arkell 12 North St Paul
51.13 Josh Smith 11 Staples-Motley
51.16 Trevor White 12 Pine Island
51.16 Taylor Hill 10 Minnewaska Area
51.18 Jonathan Angulo 11 Minnehaha Academy
51.0 Aaron Harren 12 Big Lake

51.27 Shawn Smith 12 Blue Earth Area
51.29 Chad Anderson 11 Buffalo
51.29 Josh Storm 11 Murray County Central
51.36 Doug Aho 10 Dassel-Cokato
51.42 Scott Eisenach 11 Hermantown
51.44 Joey Klein 12 Wayzata
51.45 Dan Pease 12 Wayzata
51.46 Jared Massey 12 Centennial
51.46 Jason Roberts 12 Brainerd
51.50 P.J. Theisen 12 New Prague

51.50 Colin Buck 11 St Francis
51.52 Adam Lehner 12 St Cloud Tech
51.54 Mike Mandel 12 Osseo
51.56 Robby Dodge 11 St Paul Harding
51.58 Josh Haddeland 11 Mahanomen/Waubun
51.61 Trevor Bialke 12 Coon Rapids
51.63 Derek Hinrichs 10 Winona
51.64 Chris Erichsen 11 Kingsland
51.4 Eric Palmquist 12 Warroad
51.73 Bill Cloak 10 Benilde-St Margaret

800 METERS- Minnesota Bests in 2003

1:53.28 Justin Tuomela 12 North
1:54.20 Ed Reeves 11 Holy Angels
1:54.30 Mike Yard 12 Maple Grove
1:54.2 Mike VanBeusekom 12 Irondale
1:54.64 William Leer 12 Minnetonka
1:54.66 Eric Palmquist 12 Warroad
1:55.08 Collin Bushman 12 Stillwater Area
1:55.11 Pat Lehmann 12 Plainview
1:55.1 Hans Storvick 11 Mankato West
1:55.92 Brian Sames 10 Shakopee

1:55.98 Tony Klappa 12 Hopkins
1:55.8 Todd Johnson 12 Cambridge-Isanti
1:56.68 Nick Salay 12 St Cloud Cathedral
1:56.76 Mitch Gesell 10 Alexandria
1:56.84 Will Frank 12 Detroit Lakes
1:56.96 Tom Cruse 12 Hastings
1:57.07 Mike Soderberg 12 Cretin-Derham Hall
1:56.9 Casey Ide 12 Red Wing
1:57.25 Tyler Bush 10 Hills-Beaver Creek/Ellsworth
1:57.29 David Naves 12 Eden Prairie

1:57.47 Adam Buck 12 Plainview
1:57.49 Jared Clementson 11 Pine City
1:57.51 Aaron Harren 12 Big Lake
1:57.3 Garrett Heath 11 Winona
1:57.55 Steve Solum 11 Hawley/Ulen-Hitterdal
1:57.60 Jason Henry 12 Hopkins
1:58.02 John Marschel 11 Sartell
1:58.30 Lee Laughridge 11 Faribault
1:58.1 Matt Kramer 11 Cloquet
1:58.46 Jonathan Trandem 12 South St Paul

1:58.47 Jake Watson 12 Stillwater Area
1:58.49 Kyle Schmidt 10 Hermantown
1:58.64 Brian Campbell 12 Bloomington Jefferson
1:58.78 Ben Willenbring 12 Mounds View
1:58.78 Michael Finnerty 10 Burnsville
1:58.95 Chris Erichsen 11 Kingsland
1:58.8 Luke Bryant 12 Alexandria
1:59.22 Chris Simpson 12 Prior Lake
1:59.24 Taylor Wegner 11 Eden Prairie
1:59.32 Josh Meyer 12 Mounds View

1:59.1 Jordan Budenski 12 New Ulm/Cathedral
1:59.44 Paul Harris 11 Woodbury
1:59.67 Adam Masche 12 Eden Prairie
1:59.69 Collin Plummer 10 Mounds View
1:59.74 Ryan Beckman 12 Red Wing
1:59.79 Kevin Gale 12 Robbinsdale Armstrong
1:59.6 Ted Lillie 12 North
1:59.86 Matt Gorman 12 Eastview
1:59.86 Matt Ramberg 12 Roseville Area
1:59.89 Cory Olson 12 Brainerd

1:59.93 Samuel Murphy 12 St Paul Harding
1:59.7 Noah Halbach 12 Minneapolis South
2:00.00 David VanOrsdal 12 Hopkins
2:00.02 Shukri Hassen 12 St Paul Arlington
2:00.03 Dan Peterson 11 Holy Angels
2:00.09 Matt Sailer 12 Eastview
2:00.18 Zach Dale 11 Moorhead
2:00.26 Mitch VanBruggen 11 Buffalo-
2:00.32 Chris Clark 12 Forest Lake
2:00.37 Lee Sims 11 Crookston

2:00.46 Jake Jenc 11 Sauk Centre
2:00.51 Peter Martini 11 Rochester Mayo
2:00.52 Luke Steck 12 Wayzata
2:00.53 John Lamppa 12 Northfield
2:00.60 Cassidy Duerr 11 Spring Lake Park/St Anthony
2:00.4 John Kallemyn 11 Elk River
2:00.67 Blake Jorgenson 12 Eagan
2:00.69 Kris Langlie 12 Rochester JM
2:00.79 Shawn Leibfried 12 Lincoln HI
2:00.81 Andrew Boldt 11 Stillwater Area

1600 METERS- Minnesota Bests in 2003

4:13.81 Garrett Heath 11 Winona
4:14.04 Mike VanBeusekom 12 Irondale
4:15.46 Neil Grosscup 12 Minneapolis Southwest
4:16.41 William Leer 12 Minneonka
4:16.99 David VanOrsdel 12 Hopkins
4:17.54 Forrest Tahdoohnippah 12 Mpls Southwest
4:17.82 Eddie Kibira 12 Minneapolis Edison
4:18.47 Todd Johnson 12 Cambridge-Isanti
4:18.85 Brandon-Michael Griffin 12 Roseville Area
4:19.00 Casey Ide 12 Red Wing

4:19.07 Dan Thour 11 Wayzata
4:19.28 Pat Lehmann 12 Plainview
4:19.54 Collin Bushman 12 Stillwater area
4:19.81 Luke Bryant 12 Alexandria
4:19.99 Jordan Budenski 12 New Ulm/Cathedral
4:20.31 Jake Watson 11 Stillwater Area
4:21.95 Nick Salay 12 St Cloud Cathedral
4:22.19 Dan Fadgen 10 Buffalo
4:23.18 Mike Krisch 10 Hopkins
4:23.2 Chris Erichsen 11 Kingsland

4:23.46 Matt Damico 11 East Grand Forks
4:23.47 Jarrod McCann 12 Moorhead
4:23.63 Adam Buck 12 Plainview
4:23.5 Justin Tuomela 12 North
4:24.08 Jared Clementson 11 Pine City
4:24.27 Peter Klopp 11 Duluth East
4:24.37 Zach Solinger 10 Pierz
4:24.59 Dan Ristau 12 Blue Earth Area
4:24.63 Greg Liebl 12 Montevideo
4:24.86 Ben Klungtvedt 11 Moorhead

4:24.89 Eric Palmquist 12 Warroad
4:24.97 Ben Puhl 11 Rochester Century
4:25.08 Justin Grunewald 11 Brainerd
4:25.46 Brian Sames 10 Shakopee
4:25.67 Evan Jurkovich 11 Edina
4:25.6 Wolive Bekelcha 12 St Paul Arlington
4:25.92 David Borner 12 Park
4:25.96 Micah Danielson 11 Hopkins
4:25.97 Seijen Takamura 11 Mankato West
4:26.05 Matt Kramer 11 Cloquet

4:26.0 Ted Lillie 12 North
4:26.34 David Naves 12 Eden Prairie
4:26.36 Sufian Kimo 9 St Paul Arlington
4:26.56 Ben Kampf 10 Farmington
4:26.6 John Heitzman 12 Grand Rapids
4:26.86 John Kallemyn 11 Elk River
4:27.38 Chad Janiszkeski 11 Canby/Minneota
4:27.68 Matt Wegmann 11 Mounds View
4:28.10 Brett Schendel 11 Eden Prairie
4:28.43 Nate Haeny 12 Sauk Rapids-Rice

4:28.57 Brian Polski 12 Apple Valley
4:28.99 Brian King 12 Holy Angels
4:29.00 John Marschel 11 Sartell
4:29.0 Tony Klappa 12 Hopkins
4:29.28 Yahya Iman 10 Marshall
4:29.35 Kevin Gale 12 Robbinsdale Armstrong
4:29.5 Sean Greenlee 12 Tartan
4:29.90 Jonathan Stoltman 10 Little Falls
4:30.04 Mark Felice 11 Roseville Area
4:30.26 Chris Kantos 11 Eastview

4:30.28 Zach Bruns 11 Pelican Rapids
4:30.33 James Boortz 12 Osseo
4:30.72 Andy Larsen 12 Eastview
4:31.07 Joe DeVeaue 12 Hopkins
4:31.09 Jason Callander 10 Mora
4:31.15 Rick Furseth 11 Stillwater Area
4:31.57 Taylor Wegner 11 Eden Prairie
4:31.76 Carl Bauer 11 Austin
4:31.94 Mat Keller 11 Centennial
4:32.12 David Skahen 12 Bloomington Kennedy

3200 METERS- Minnesota Bests in 2003

9:17.45 Forrest Tahdoohnippah 12 Minneapolis Southwest
9:21.09 Jake Watson 11 Stillwater
9:21.70 Luke Bryant 12 Alexandria
9:22.89 Wolive Bekelcha 12 St Paul Arlington
9:23.17 Ben Klungtvedt 11 Moorhead
9:24.41 Neil Grosscup 12 Minneapolis Southwest
9:25.87 Yahya Iman 10 Marshall
9:26.51 Mike Krisch 10 Hopkins
9:26.86 Dan Thour 11 Wayzata

9:27.36 Justin Grunewald 11 Brainerd
9:27.40 Greg Liebl 12 Montevideo
9:28.03 Brandon-Michael Griffin 12 Roseville Area
9:28.36 Chris Erichsen 11 Kingsland
9:30.80 David VanOrsdel 12 Hopkins
9:31.12 Seijen Takamura 11 Mankato West
9:31.53 Chris Kantos 11 Eastview
9:32.08 Eddie Kibira 12 Minneapolis Edison
9:33.94 Dan Ristau 12 Blue Earth Area
9:35.70 David Borner 12 Park

9:38.0 John Heitzman 12 Grand Rapids
9:38.58 Matt Damico 11 East Grand Forks
9:38.91 Joe Heppner 11 Warroad
9:39.29 Brian Polski 12 Apple Valley
9:39.47 Mike VanBeusekom 12 Irondale
9:40.12 Ben Puhl 11 Rochester Century
9:40.48 Casey Ide 12 Red Wing
9:41.65 Chad Janiszkeski 11 Canby/Minneota
9:42.21 Matt Wegmann 11 Mounds View
9:43.23 Joe DeVeaue 12 Hopkins

9:43.71 Dan Fadgen 10 Buffalo
9:44.59 Ben Kampf 10 Farmington
9:44.63 John Kallemyn 11 Elk River
9:45.83 Mark Felice 11 Roseville Area
9:47.62 Tony Hoff 12 Mahtomedi
9:47.83 Tim Branigan 9 Roseville Area
9:48.20 Ahmednur Jumale 10 Marshall
9:48.37 Brett Schendel 11 Eden Prairie
9:48.63 Sean Greenlee 12 Tartan
9:49.11 Brian King 12 Holy Angels

9:49.32 Rick Furseth 11 Stillwater
9:50.13 Collin Bushman 12 Stillwater
9:50.49 Renato Otten 11 Christ's Householf of Faith
9:50.96 Josh Klawitter 12 Hutchinson
9:51.34 Matt Hanson 11 Triton
9:51.37 Peter Klopp 11 Duluth East
9:51.73 Andy Larsen 12 Eastview
9:53.02 Ted Lillie 12 North
9:53.13 Darren Larson 11 Alexandria
9:53.53 Kevin Gale 12 Robbinsdale Armstrong

9:53.3 Micah Danielson 11 Hopkins
9:53.58 Chris Woodard 10 Brainerd
9:53.59 Ari Metzger 12 Lakeville
9:53.80 Chris Lutz 12 Pine City
9:53.84 Jason Phillippi 11 Tartan
9:53.86 Micah Jarnot 11 Albany
9:53.89 Michael Gravning 9 Minneapolis Roosevelt
9:54.0 Carl Bauer 11 Austin
9:56.70 Ahmed Ali 10 Rochester Mayo
9:56.6 Adam Buck 12 Plainview

9:57.38 Mike Torchia 9 Rochester Lourdes
9:57.98 Kyle Esala 12 Alexandria
9:57.99 Adam McGregor 9 Mankato East
9:58.11 Abdi Jama 12 Minneapolis Roosevelt
9:58.92 Andrew Feia 12 Little Falls
9:58.7 Pat Lehmann 12 Plainview
9:59.43 Chris Harvey 11 Eden Prairie
9:59.65 Luke Tjosvold 11 North
9:59.74 Andy Overby 12 Sartell
10:00.09 Cory Miskowiec 11 Wayzata

HIGH HURDLES- Minnesota Bests in 2003

14.43 Lawrence Lipsey 11 Bloomington Kennedy
14.3 Erik Thompson 12 Buffalo
14.4 Craig Dahl 12 Mankato East
14.71 P.J. Nelson 12 Grand Rapids
14.73 Joey Hibben 10 Waconia
14.79 Mike Kasten 11 Plainview
14.84 Tom Ellingworth 12 Redwood Valley
14.86 Marcus Walgrave 12 Luverne
14.89 Dan Russell 12 White Bear Lake
14.92 Evan Sorenson 11 Austin
14.95 Eric Lieder 12 Robbinsdale Cooper
14.97 Samuel Pickard 12 Hopkins
14.8 Justin Miller 12 Worthington
15.06 Aaron Jefferson 12 Rochester Lourdes
15.09 Michael Hougen 12 Bemidji
15.10 Zach Sonnek 12 St Clair
15.12 Zach Anspach 11 Montevideo
15.12 Tanner Miest 12 New London-Spicer
14.9 Drew Hood 11 Mankato West
14.9 Matt Mogensen 12 St Peter
15.14 Oyeymi Abioye 12 Robbinsdale Cooper
15.19 Chris Carlson 12 Shakopee
15.20 Tony Dallavalle 9 Rochester Mayo
15.22 Blake Strouth 11 Alexandria
15.25 Josh Tulien 12 Mounds View
15.25 Chris Bastian 12 North
15.28 Mike Williams 12 St Cloud Tech
15.33 Alan Twomey 12 Spring Lake Park/St Anthony
15.37 Travis Birkliid 12 Anoka
15.38 Mike Drew 12 Mayer Lutheran
15.44 Jarod Arlich 11 Mahtomedi
15.2 Paul Suckstorff 12 Minnewaska Area
15.50 Jason Hilligoss 11 Warroad
15.52 Forrest Randall 10 Lakeville
15.52 Matt Sinnen 12 Minnetonka
15.52 Dereck Monnier 12 Little Falls
15.3 Mike Leither 11 St Cloud Cathedral
15.55 Derek Farwell 12 Montgomery-Lonsdale
15.56 Nick Alexander 12 St Thomas Academy
15.60 Ryan Parsons 11 Blaine
15.60 Alex Murrell 10 Minnetonka
15.60 Nick Hoffman 12 Proctor
15.63 Andrew Elvin 11 Minnehaha Academy
15.4 Mike Linnemann 11 Melrose
15.65 John Folland 12 Tri-County/Greenbush-MR/Bad
15.67 Trevor Ilse 12 Orono
15.68 Matt Salkowski 12 Buffalo
15.68 Josh Collins 12 Mounds View
15.69 Mark Bookman 12 Eastview
15.69 Josh Anderson 12 Brainerd
15.71 D.J. Billingsley 12 St Francis
15.74 Austin Felix 12 Eden Prairie
15.75 Josh McCarra 11 Fridley
15.77 Zach Turner 10 Wayzata
15.78 Brian Teresi 12 Wayzata
15.81 Jared Kassulke 11 St Croix Lutheran
15.81 Jacob Workman 12 Delano
15.82 Tom McDonough 12 North
15.88 Jason Timmer 11 Sauk Rapids-Rice
15.89 Ryan Mattson 12 Chisholm
15.90 Ceno Forest 10 Minnehaha Academy
15.91 Derek Hinkle 10 Austin
15.93 Robert Lodge 11 Woodbury
15.7 J.J. Jahnke 10 Rochester Mayo
15.94 Ben Campbell 12 St Paul Arlington
15.94 Michael Dewane 10 Hopkins
15.95 Dan Besser 12 New Ulm/Cathedral
15.96 Blake Johnson 12 White Bear Lake
15.96 James Peterson 11 Holy Family
15.99 Nate Kim 11 St Paul Central
15.99 Carl Doten 12 Orono
15.99 Erik Johnson 11 St Francis
15.99 Steven Salinas 11 Blooming Prairie
15.99 Trevor Wittwer 11 Redwood Valley

INTERMEDIATES- Minnesota Bests in 2003

38.30 P.J. Nelson 12 Grand Rapids
38.48 P.J. Theisen 12 New Prague
38.63 Tom Ellingworth 12 Redwood Valley
38.84 Craig Dahl 12 Mankato East
39.08 Lawrence Lipsey 11 Bloomington Kennedy
39.09 Josh Tulien 12 Mounds View
39.09 Mike Kasten 11 Plainview
39.13 Mike Linnemann 11 Melrose
38.9 Marcus Walgrave 12 Luverne
39.17 Aaron Jefferson 12 Rochester Loures
39.22 Rupert Bannerman-Thompson 10 Roseville Area
39.25 Samuel Pickard 12 Hopkins
39.28 Dan Russell 12 White Bear Lake
39.35 Ryan Parsons 11 Blaine
39.39 Ryan Mattson 12 Chisholm
39.71 Drew Hood 11 Mankato West
39.89 Evan Sorenson 11 Austin
39.93 Blake Verdon 12 Eden Prairie
40.05 Paul Suckstorff 12 Minnewaska Area
40.19 Mike Leither 11 St Cloud Cathedral
40.23 Nathan Wagner 11 LeSueur-Henderson
40.34 Adam Roden 12 St Michael-Albertville
40.35 Davey Gerhart 11 Belle Plaine
40.38 Erik Thompson 12 Buffalo
40.51 Blake Strouth 11 Alexandria
40.51 Jared Kassulke 11 St Croix Lutheran
40.64 Justin Miller 12 Worthington
40.67 Ken Larson 12 Rosemount
40.67 Oyeymi Abioye 12 Robbinsdale Cooper
40.70 D.J. Billingsley 12 St Francis
40.73 Travis Birkliid 12 Anoka
40.75 Forrest Randall 10 Lakeville
40.78 Eric Lieder 12 Robbinsdale Cooper
40.83 Rory Manke 11 Detroit Lakes
40.84 Dan Smith 11 Litchfield
40.6 Dan Besser 12 New Ulm/Cathedral
40.85 Blake Johnson 12 White Bear Lake
40.86 Alan Terwey 12 Rocori
40.95 Brian Teresi 12 Wayzata
41.06 Michael Wilson 11 Robbinsdale Armstrong
41.06 Mike Williams 12 St Cloud Tech
40.9 Josh Rasmussen 12 Rochester Century
41.14 Matt Salkowski 12 Buffalo
41.0 Matt Cashin 12 Irondale
41.24 Michael Hougen 12 Bemidji
41.24 Jacob Workman 12 Delano
41.25 Chris Madche 12 Shakopee
41.39 Jason Hilligoss 11 Warroad
41.41 Adam Caulfield 12 Woodbury
41.43 Matt Quinn 12 North
41.44 Sonny Berg 10 New Richland-Hart-Ell-Gen
41.2 Zach Sonnek 12 St Clair
41.46 Loren Wagner 12 Trinity School at River Ridge
41.52 Mark Rehani 10 St Francis
41.54 Josh Anderson 12 Brainerd
41.63 Dereck Monnier 12 Little Falls
41.64 Matt Sinnen 12 Minnetonka
41.71 Chris Wilson 12 Concordia Academy
41.73 Joey Hibben 10 Waconia
41.5 Zach Delorme 12 Breckenridge/Campbell-Tin
41.75 Alex Dybsky 11 Totino Grace
41.76 Andy O'Donnell 9 Rosemount
41.76 Adam Frantesi 11 St Cloud Tech
41.77 Zach Potts 11 Anoka
41.81 Mike Whittlef 12 Cambridge-Isanti
41.83 Mike Hagen 10 Moorhead
41.6 Ceno Forest 10 Minnehaha Academy
41.86 Jason Yankowiak 11 Triton
41.96 Steve Swamy 12 Minneapolis Roosevelt
41.96 Casey Delinsky 12 Sartell

2003 4x100 - MN Bests

41.82 Eastview
 42.45 Mankato East
 42.82 Minnetonka
 43.04 Irondale
 43.16 Redwood Valley
 43.30 Roseville Area
 43.44 Alexandria
 43.69 Blaine
 43.73 Mounds View
 43.80 Minneapolis Roosevelt

43.82 Hermantown
 43.88 Shakopee
 43.89 White Bear Lake
 44.00 Hopkins
 44.02 Saint Francis
 44.03 North Saint Paul
 44.06 Anoka
 44.10 Wayzata
 44.13 Eden Prairie
 44.17 Chaska

44.19 Princeton
 44.19 Moorhead
 44.22 Lakeville
 44.0 Minneapolis North
 44.29 Park
 44.31 Sauk Rapids-Rice
 44.34 LaCrescent
 44.35 Saint Peter
 44.36 Tartan
 44.36 Sartell

44.2 Rochester Century
 44.2 Osseo
 44.45 Hutchinson
 44.48 Burnsville
 44.51 Eagan
 44.51 Champlin Park
 44.52 Minneapolis De La Salle
 44.53 Hastings
 44.56 Maple Grove
 44.72 Morris Area

44.5 Rochester John Marshall
 44.5 Mankato West
 44.74 Woodbury
 44.74 Esko
 44.83 Apple Valley
 44.83 United South Central
 44.88 Benson/Kerkhoven/Mrdck/S
 44.92 Concordia Academy
 44.7 Minnewaska Area
 44.7 Plainview

44.98 Tri-County/Geenbush-
 Middle River/Badger
 45.03 Saint Paul Arlington
 45.03 Foley
 45.07 Mahanomen
 45.09 Bemidji
 45.13 Rushford-Peterson/Houston
 45.14 Robbinsdale Armstrong
 45.18 Saint Paul Central
 45.19 Cannon Falls
 45.23 Henry Sibley

45.23 Saint Thomas Academy
 45.24 Northfield
 45.32 Saint Cloud Tech
 45.33 Stillwater Area
 45.34 Willmar
 45.37 Totino Grace
 45.38 Orono
 45.39 Little Falls
 45.39 Martin County West
 45.40 Forest Lake

2003 4x200 - MN Bests

1:29.58 Lakeville
 1:29.85 Wayzata
 1:30.33 White Bear Lake
 1:30.59 Woodbury
 1:30.5 Mankato East
 1:30.76 Saint Francis
 1:30.86 Moorhead
 1:30.92 Brainerd
 1:31.04 Apple Valley
 1:31.20 Osseo

1:31.34 Saint Peter
 1:31.45 Mounds View
 1:31.50 Irondale
 1:31.51 Annandale
 1:31.54 Eastview
 1:31.54 Blaine
 1:31.56 Hopkins
 1:31.67 Minneapolis South
 1:31.67 Hermantown
 1:31.94 Eden Prairie

1:32.01 Minnewaska Area
 1:32.10 Blue Earth Area
 1:32.12 Alexandria
 1:32.27 Minnehaha Academy
 1:32.1 Minnetonka
 1:32.36 Winona
 1:32.2 LaCrescent
 1:32.52 Redwood Valley
 1:32.55 Elk River
 1:32.76 Saint Paul Harding

1:32.98 Princeton
 1:32.8 Robbinsdale Cooper
 1:33.06 Robbinsdale Armstrong
 1:33.07 Minneapolis De La Salle
 1:33.09 Roseau
 1:32.9 Mankato West
 1:33.15 Rosemount
 1:33.16 North Saint Paul
 1:33.24 Monticello
 1:33.26 Thief River Falls

1:33.28 Anoka
 1:33.29 Hastings
 1:33.1 Hawley/Ulen-Hitterdal
 1:33.37 Staples-Motley
 1:33.38 Rochester John Marshall
 1:33.44 Milaca
 1:33.46 Sauk Rapids-Rice
 1:33.48 Holy Angels
 1:33.49 Pine Island
 1:33.54 Luverne

1:33.65 Trinity Sch. at River Rdg
 1:33.97 New London-Spicer
 1:34.02 Roseville Area
 1:34.03 Hill-Murray
 1:34.04 Coon Rapids
 1:34.04 Esko
 1:34.06 Stillwater Area
 1:34.06 Crookston
 1:34.09 Triton
 1:34.13 Pierz
 1:34.0 Rochester Mayo

1:34.25 Proctor
 1:34.29 Henry Sibley
 1:34.37 Mahanomen/Waubun
 1:34.39 Benson/Kerkhovn/Mrdck/S
 1:34.41 Burnsville
 1:34.42 Orono
 1:34.43 Bemidji
 1:34.45 Watertown-Mayer
 1:34.46 Duluth Central

2003 4x400 - MN Bests

3:23.11 Wayzata
 3:25.03 Plainview
 3:25.11 Woodbury
 3:25.21 Brainerd
 3:25.31 Rochester Mayo
 3:25.38 North Saint Paul
 3:26.06 Osseo
 3:26.13 Duluth East
 3:26.59 Mankato West
 3:26.78 Kingsland

3:26.88 Anoka
 3:26.89 Alexandria
 3:26.91 Robbinsdale Armstrong
 3:27.39 Burnsville
 3:27.84 South Saint Paul
 3:28.20 Sartell
 3:28.51 Mankato East
 3:28.54 White Bear Lake
 3:28.65 Mounds View
 3:28.94 Maple Grove

3:28.97 Hopkins
 3:28.8 Rochester Century
 3:29.10 Saint Cloud Cathedral
 3:29.15 Hawley/Ulen-Hitterdal
 3:29.17 Stillwater Area
 3:29.30 Minneapolis South
 3:29.33 Minnehaha Academy
 3:29.44 Hastings
 3:29.67 New Prague
 3:29.84 Prior Lake

3:29.95 Edina
 3:30.07 Northfield
 3:30.07 Hutchinson
 3:30.18 Buffalo
 3:30.19 Moorhead
 3:30.25 Monticello
 3:30.36 Pine Island
 3:30.42 Bloomington Jefferson
 3:30.78 Centennial
 3:30.84 Saint Croix Lutheran

3:30.87 Montevideo
 3:31.19 Blue Earth Area
 3:31.24 Princeton
 3:31.29 Forest Lake
 3:31.1 Yellow Medicine East
 3:31.40 Saint Cloud Tech
 3:31.49 Minnetonka
 3:31.61 Eden Prairie
 3:31.72 Saint Francis
 3:31.80 Hills-Beaver Creek/Ellsw

3:31.87 Minneapolis Southwest
 3:32.00 East Grand Forks
 3:32.11 Hermantown
 3:32.12 LaCrescent
 3:32.17 Elk River
 3:32.40 Chisago Lake
 3:32.2 Blaine
 3:32.47 Holy Angels
 3:32.52 Minnewaska Area
 3:32.53 Thief River Falls

3:32.59 Rochester John Marshall
 3:32.70 Glencoe-Silver Lake
 3:32.86 Irondale
 3:32.90 Mayer Lutheran
 3:32.93 Cretin-Derham Hall
 3:32.95 Mahtomedi
 3:33.10 Bloomington Kennedy
 3:33.17 Farmington
 3:33.18 Saint Paul Arlington
 3:33.21 SW Minnesota Christian

2003 4x800 - MN Bests

7:49.14 Mankato West
 7:51.05 Stillwater Area
 7:52.56 Eden Prairie
 7:52.58 Mounds View
 7:56.18 Rochester Mayo
 7:56.51 Hopkins
 7:57.58 Burnsville
 7:57.89 Saint Paul Arlington
 7:58.87 Minnetonka
 8:00.82 Sartell

8:02.92 Woodbury
 8:03.06 Kingsland
 8:04.81 Edina
 8:04.86 Moorhead
 8:05.24 Alexandria
 8:06.39 Brainerd
 8:06.64 Buffalo
 8:06.76 Faribault
 8:07.14 Osseo
 8:08.06 Perham

8:08.59 Wayzata
 8:08.84 Duluth Central
 8:09.75 Roseville Area
 8:09.99 Warroad
 8:10.9 North Saint Paul
 8:11.69 Albany
 8:11.74 Little Falls
 8:14.32 LaCrescent
 8:15.39 Red Wing
 8:15.61 Eastview

8:16.56 Owatonna
 8:16.85 Hutchinson
 8:17.1 Blue Earth Area
 8:18.14 Lake Crystal-Wellcome M
 8:19.21 Spring Lake Park/Saint An
 8:19.48 Mayer Lutheran
 8:19.55 Minneapolis Southwest
 8:20.51 SW Minnesota Christian
 8:20.57 Eagan
 8:20.5 Tartan

8:21.10 Meadow Creek Christian
 8:21.89 Winona
 8:22.45 White Bear Lake
 8:22.92 Hills-Beaver Creek/Ellsw
 8:23.03 Rochester Century
 8:23.55 Mankato East
 8:23.93 Annandale
 8:24.04 Apple Valley
 8:24.92 Chaska
 8:26.32 Mahtomedi

8:26.41 Saint Cloud Tech
 8:26.64 Chatfield Chosen Valley
 8:26.88 Maple Grove
 8:27.26 Paynesville Area
 8:27.70 Lakeville
 8:28.3 Plainview
 8:28.86 Eveleth-Gilbert
 8:28.96 South Saint Paul
 8:29.0 Saint Louis Park
 8:29.32 Saint James

8:29.58 Hinckley-Finlayson
 8:29.66 Anoka
 8:29.87 Rosemount
 8:29.97 Stewartville
 8:30.10 Ottertail Central
 8:30.0 Cloquet
 8:30.70 Saint Cloud Apollo
 8:30.6 Staples-Motley
 8:30.85 Marshall
 8:30.97 Chisago Lake

LONG JUMP- Minnesota Bests in 2003

23-0.25 Jade Ellis 11 Totino Grace
22-4.5 Chris Reid 12 Hills-Beaver Creek/Ellsworth
22-3.5 Kyle Lee 10 Burnsville
22-3.25 Craig Dahl 12 Mankato East
22-3 James Ewer 10 Lakeville
22-2 Daniel Lawson 11 Sartell
21-11.75 Bryan Pearson 12 Anoka
21-9.5 Justin Geier 12 Anoka
21-9.25 P.J. Theisen 12 New Prague
21-9.25 Jason Roberts 12 Brainerd

21-8 Jamin Eggert 12 Triton
21-7.25 Josh Smith 11 Staples-Motley
21-6 Dan Miller 12 Swanville/Upsala
21-6 Eric Schaumburg 11 Mahnomen/Waubun
21-5.75 David Sharpe 12 St Francis
21-5.75 Torben Thede 11 Detroit Lakes
21-5.75 Tom Ellingworth 12 Redwood Valley
21-5 Aaron Janssen 12 Montevideo
21-4 Jermaine Gurley 12 Minneapolis Southwest
21-4 Kevin Reberg 12 Big Lake

21-3.75 Michael Sather 12 Eden Prairie
21-3.75 Josh Rasmussen 12 Russell-Tyler-Ruthton-Lk Benton
21-3 Tony Dallavalle 9 Rochester Mayo
21-2.75 Jonathan Thompson 11 St Louis Park
21-2.75 Adam Schmitt 12 Robbinsdale Armstrong
21-2.75 Darryl Jackson 11 Wayzata
21-2.5 Hatt Huschle 12 Bagley/Fosston
21-2 Dan Weber 12 Mounds View
21-2 Brian Lim 12 Robbinsdale Cooper
21-1.75 Jason Hall 12 Rushford-Peterson/Houston

21-1.5 Nick McNab 12 Pipestone-Jasper
21-1.25 Cole Hickman 11 Cambridge-Isanti
21-1 Tyler Schwecke 11 Gibbon-Fairfax-Winthrop
21-0.5 Nick Colvin 11 Eastview
21-0.5 Orea Wright 11 Brooklyn Center
21-0 Sam Kovar 11 Anoka
21-0 Jay Siebels 11 Moorhead
20-11.5 Luke Hinz 10 Annandale
20-11.5 Dan Rueckert 11 Atwater-Cosmos-Grove City
20-11.25 Josh Zupfer 12 New Ulm/Cathedral

20-11 Mike Sheppard 11 Irondale
20-11 Bill Cloak 10 Benilde-St Margaret
20-10 David Larson 10 Austin
20-10 Dominic Artis 10 Park Center
20-10 Jared Chambers 12 Cannon Falls
20-10 Brian Durgin 12 Plainview
20-10 Jeffrey Lillevoid 11 Martin County West
20-9.5 Dan Schletty 12 Cretin-Derham Hall
20-9.5 Alex Murrell 10 Minnetonka
20-9.5 Kody Olson 11 Little Falls

20-9 Nate Rengel 11 Fergus Falls
20-9 Sam Krystosek 12 Royalton
20-8.5 Ryan Block 11 Winona
20-8 Derek Farwell 12 Montgomery-Lonsdale
20-7.75 Mike Linnemann 11 Melrose
20-7.5 Eric Buss 10 Coon Rapids
20-7.5 Drew Fleigle 9 Mounds View
20-7.5 Justin Zajic 12 Canby/Minneota
20-7 Bobby Osborn 12 Rochester Century
20-7 Josh Karch 11 Moorhead

20-6.75 Jordan Ruchotzke 12 Rochester Century
20-6.75 Jake Moen 10 Morris Area
20-6.5 Robert Bosfield 11 Eagan
20-6.5 Josh Wichner 12 Minneapolis South
20-6.25 Trey Randol 12 Minnetonka
20-6 Jake Wichser 10 Park
20-6 Thomas Linden 12 Hinckley-Finlayson
20-5.75 Paapa Okyere 12 Minneapolis De La Salle
20-5.5 Mike Erickson 12 Esko
20-5.5 Rusty Botilla 11 Roseau

TRIPLE JUMP- Minnesota Bests in 2003

46-11.5 Jade Ellis 11 Totino Grace
45-10 Phil Olson 11 Faribault
45-3 Kyle Lee 10 Burnsville
44-9.5 James Ewer 10 Lakeville
44-9.5 Jeff Anderson 11 Stillwater Area
44-6 Bobby Osborn 12 Rochester Century
44-6 Mike Sheppard 11 Irondale
44-5.75 Daniel O'Keefe 12 Woodbury
44-5.75 Kurt Cooper 11 Minnetonka
44-5.25 Craig Dahl 12 Mankato East

44-1 P.J. Theisen 12 New Prague
43-11.25 Jeremy Dombrowski 12 Holdingford
43-11 Phil Ayeni 10 Woodbury
43-8.5 Dusten Olejnicak 12 Brainerd
43-8 Josh Rasmussen 12 Rochester Century
43-8 Luke Allison 11 Minnehaha Academy
43-7.75 Rupert Bannerman-Thompson 10 Roseville Area
43-7.75 Cole Hickman 11 Cambridge-Isanti
43-7.5 Eric Schaumburg 11 Mahnomen/Waubun
43-6.75 Kyle Oostra 11 Long Prairie-Grey Eagle
43-4.75 Aaron Lordeman 12 Moorhead
43-4.5 Brian Prairie 12 Robbinsdale Armstrong
43-4.25 Nick Pfeifer 12 Edina
43-4.25 Josh Rasmussen 12 Russell-Tyler-Ruthton-Lk Benton
43-3.5 Joe Schoeller 12 White Bear Lake
43-2 Nick Rehtzigel 11 Farmington
43-0 Aaron Smith 12 Mahtomedi
42-11.5 Alan Twomey 12 Spring Lake Park/St Anthony
42-11 Tyler Schwecke 11 Gibbon-Fairfax-Winthrop
42-10.5 Robert Bosfield 11 Eagan

42-10.5 Mike Dahlke 12 North Branch
42-10 Joe Stefanson 10 Roseville Area
42-10 Eric Buss 10 Coon Rapids
42-9.25 Zander Abbot 12 Northfield
42-8.75 Hans Storvick 11 Mankato West
42-8.5 Trevor Ilse 12 Orono
42-7.75 Denerio Hill 10 Mankato West
42-7.25 Dan Schletty 12 Cretin-Derham Hall
42-7.25 Alex Kim 11 Mounds View
42-5.75 Peter Anderson 12 Mounds View

42-5.5 Josh Karch 11 Moorhead
42-5.25 Jason Hall 12 Rushford-Peterson/Houston
42-5 Al Sands 10 Floodwood
42-4.5 Luke Birkholz 12 St James
42-4.25 Julian Hamilton 10 Robbinsdale Armstrong
42-4 Jake Wichser 10 Park
42-4 Devin Swanberg 10 Chisago Lakes
42-3 Justin Geier 12 Anoka
42-3 Paul Nourie 12 Lake Crystal-Wellcome Mem
42-2.75 Myke Aker 12 New York Mills

42-2.5 Ross Cameron 11 Agassiz Valley
42-2 Kevin Peterson 11 Canby/Minneota
42-1.75 Josh Tulien 12 Mounds View
42-1.5 Nate Johnson 12 Prior Lake
42-1.5 Jordan Cox 9 Becker
42-1 Ben Campbell 12 St Paul Arlington
42-1 Bryan Pearson 12 Anoka
42-1 Andre Williams 12 Minneapolis Edison
42-1 Tim Law 11 Gibbon-Fairfax-Winthrop
42-0.75 Parker Robinson 11 Crosby-Ironton

42-0.25 Tyler West 11 Meadow Creek Christian
42-0 Nick Colvin 11 Eastview
42-0 Dan Vanderziel 11 Marshall
41-10.75 A.J. Hiler 11 Wayzata
41-10 Ben Todt 12 Moorhead
41-9.5 Pinnarorth Peng 11 Rochester JM
41-9.5 A Le 12 Worthington
41-9.5 Kevin Haglund 12 Concordia Academy
41-8.75 Chimezie Udeaja 11 Rochester JM
41-8.75 Ted Rud 9 New York Mills

HIGH JUMP- Minnesota Bests in 2003

6-9 Parker Robinson 11 Crosby-Ironton
6-8 Bryan Pearson 12 Anoka
6-8 Jonathan Thompson 11 St Louis Park
6-7 Blake Peterson 12 Bloomington Kennedy
6-7 Jeremy Hamilton 12 Minnetonka
6-6 Luke Olafson 12 Mankato East
6-5 Julian Hamilton 10 Robbinsdale Armstrong
6-5 Gordy Sanford 12 Princeton
6-5 Kevin Skalicky 10 Elk River
6-5 Kein Renkly 11 Blue Earth Area

6-5 Jeffrey Lillevold 11 Martin County West
6-4 Phillip Olson 11 Faribault
6-4 Joshua Lehr 12 Rosemount
6-4 Jason Glaser 11 Mankato West
6-4 Matt Mogensen 12 St Peter
6-4 Justin Geier 12 Anoka
6-4 Patrick Williams 12 Blaine
6-4 Jade Ellis 11 Totino Grace
6-4 David Hermes 12 White Bear Lake
6-4 Bill Cloak 10 Benilde-St Margaret

6-4 James Finch 12 Park Center
6-4 Michael Wilson 11 Robbinsdale Armstrong
6-4 Devin Swanberg 10 Chisago Lakes
6-4 Nick Hoffman 12 Proctor
6-4 Mike Kasten 11 Plainview
6-4 Jake Haraldson 11 Hawley/Ulen-Hitterdal
6-4 Tom Costello 11 Dilworth-Glyndon-Felton
6-3 Nick Reichtzigel 11 Farmington
6-3 Josh Rasmussen 12 Rochester Century
6-3 Noah Ferche 10 Sartell

6-3 Tyler Elbers 11 Luverne
6-3 Jason Sibert 12 Montevideo
6-3 Dan Rueckert 11 Atwater-Cosmos-Grove City
6-3 Luke Kavanaugh 11 Pillager
6-3 Roy Levitt 11 Two Harbors
6-2 Eric Klock 11 Eastview
6-2 Andrew Foote 11 Rochester Mayo
6-2 Cole Weis 9 Mankato East
6-2 Kyle Valerius 12 St Michael Albertville
6-2 Micah Young 12 Waconia

6-2 Jarmel Perry 11 St Paul Harding
6-2 Josh Jones 12 St Paul Highland Park
6-2 Sherman Turbes 11 Robbinsdale Cooper
6-2 Zach Turner 10 Wayzata
6-2 Jon Clemons 12 Princeton
6-2 Blake Strouth 11 Alexandria
6-2 Torben Thede 11 Detroit Lakes
6-2 Mitch Leifert 11 Fergus Falls
6-2 Luke Birkholz 12 St James
6-2 Jarrod Musel 10 St James

6-2 Matthew Haskins 12 Fourth Baptist Christian
6-2 Luke Allison 11 Minnehaha Academy
6-2 Timothy Wyman 11 Trinity School at River Ridge
6-2 Kyle Oostra 11 Long Prairie-Grey Eagle
6-2 Mike Drew 12 Mayer Lutheran
6-2 Travis Lage 11 Pelican Rapids
6-2 David Osse 12 International Falls/Indus
6-2 Eric Palmquist 12 Warroad
6-1 Casey Adkins 11 Rochester Mayo
6-1 Kyle Hunziker 10 Caledonia-Spring Grove

6-1 Bryan Olcott 10 Pine Island
6-1 Zach Bothun 9 Montevideo
6-1 Chad Mulder 9 Renville County West
6-1 Spencer Bartz 10 Hinckley-Finlayson
6-1 James Carr 12 Agassiz Valley
6-1 Johan Shermer 10 Hermantown

6-1 Matt Huschle 12 Bagley/Fosstony

POLE VAULT- Minnesota Bests in 2003

15-4 Jason Beutz 12 Foley
14-10 Tyler Zamudio 12 St Cloud Apollo
14-9 Nick Wilson 12 Mankato West
14-6 Brian Sworsky 12 St Francis
14-4.25 Matt Jackson 12 Mankato West
14-4 John Getzke 12 Eastview
14-0 Matt Schroeder 12 Winona
14-0 Jon Morales 11 Willmar
14-0 Shawn Francis 11 Hastings
14-0 Sverre Sundgaard 12 Park
14-0 Brenen Warner 12 Blaine
14-0 Tyler Ties 12 Lewiston-Aitua
14-0 Josh Sorenson 12 Madelia/Truman
13-9 Evan Sorenson 11 Austin
13-9 Matt Jahnke 12 BOLD/Bufalo Lake-Hector
13-7 James Dammen 12 Austin
13-7 Brett Fason 12 Moorhead
13-6 Drew Hood 11 Mankato West
13-6 Kevin Kronstedt 12 Mounds View
13-6 Aaron Collins 12 White Bear Lake
13-6 Brian Tripp 11 Wayzata
13-6 Jeff Amble 12 Moorhead
13-6 Nick Keller 11 Sauk Rapids-Rice
13-6 Tom Crummy 12 Stephen-Argyle Central
13-3 Matt Pettit 12 Buffalo
13-3 Mark Gaalswyk 12 Pillager
13-2 Dan Evenson 12 Atwater-Cosmos-Grove City
13-1 Steve Latham 12 Minnetonka
13-1 Brad Hansen 12 Concordia Academy
13-0.5 Erik Johnson 12 Cannon Falls
13-0 Tom Gioielli 11 Lakeville
13-0 Jason Kelley 12 Mankato East
13-0 Ryan Ward 12 Anoka
13-0 Justin Moen 12 White Bear Lake
13-0 Jeff Pauling 11 White Bear Lake
13-0 Brandon Johnson 12 Robbinsdale Cooper
13-0 Pete Anderson 12 Minnetonka
13-0 Bo McClaskie 11 North Branch
13-0 Tony Peltier 12 Princeton
13-0 Isaac Molin 10 St Francis
13-0 Shawn Paschke 12 Moorhead
13-0 Chris Legatt 11 Sartell
13-0 Joe Gunderson 12 Montgomery-Lonsdale
13-0 Tim Koch 11 Pequot Lakes
12-9 Rob Berscheid 12 Holdingford
12-7 Brett Famiok 10 Buffalo
12-7 Vince Pham 12 North
12-7 Travis Hamen 11 Bemidji
12-7 Luke Furda 12 Brainerd
12-7 Montanna Ewers 11 St Cloud Tech
12-7 Chris Allen 10 Sauk Rapids-Rice
12-6 Chris Kemp 12 Eastview
12-6 Matt Hacheld 12 Faribault
12-6 Isaiah Fuller 11 Faribault
12-6 Erik Nygren 12 Lakeville
12-6 Colin Weerts 12 Mankato West
12-6 Tony Arndt 12 Park
12-6 Joe Hanson 12 St Thomas Academy
12-6 Derek Lustig 12 Anoka
12-6 Phil Erickson 12 Irondale
12-6 Angelo Fruci 11 Mahtomedi
12-6 Ash Tschida 11 Stillwater Area
12-6 Kyle Weber 9 Stillwater Area
12-6 Eric Johnson 11 Chaska
12-6 Matt Wallace 12 Prior Lake
12-6 Jason Frieler 12 Sauk Rapids-Rice
12-6 Matt Miller 12 Plainview
12-6 Dale Speedling 11 Plainview
12-6 Jon Voigt 11 United South Central
12-6 Bryan Pietig 12 BOLD/Bufalo Lake-Hector
12-6 Tim Rust 11 Luverne
12-6 Dan Powell 11 Braham/Grace Christian
12-6 Isaac Fordyce 11 Atwater-Cosmos-Grove City
12-6 Brandon Backes 10 Becker
12-6 Jacob Workman 12 Delano
12-6 Justin Jonas 12 St Cloud Cathedral
12-6 Cole Klick 11 Minnewaska Area
12-6 B.J. Olson 11 Wadena
12-6 David Hahn 9 Warroad

SHOT PUT- Minnesota Bests in 2003

65-6 Nate Englin 11 Mounds View
57-1 Mitch Erickson 12 Hutchinson
56-9.5 Andrew Pratt 12 Roseville Area
56-4.75 Jake Truebenbach 11 Shakopee
55-11.5 Jerry Netland 11 Bagley/Fosston
55-10 Mickey Brown 12 Irondale
55-9 Eric Hylok 11 Edina
55-8 Andy Bastian 11 Winona
55-1.5 Chris Hudspith 12 Esko
54-10.5 Lyndon Murtha 11 Hutchinson
54-8.5 Tony Brinkhaus 12 Bloomington Jefferson
54-4.25 Nate Safe 12 Cannon Falls
54-4 Paul Gronvall 11 Red Wing
54-2 Pete Miller 12 Rochester Century
53-11.5 Matt Mello 12 Osseo
53-11.5 Blake Theisen 11 Rocori
53-11 Eric Schroeder 11 Stewartville
53-10.5 Ricky Smith 12 Stewartville
53-9.5 Chris Tift 12 Sauk Rapids-Rice
53-7.5 Tom Davis 12 Mounds View
53-7 Dallas Bahn 12 Marshall
53-7 Jacob Davis 12 Bamum
53-6.75 Erik Moe 11 International Falls/Indus
53-6.25 Lucas Scheel 11 Elk River
53-3.25 Nick Compton 11 Rosemount
53-3.25 Trevor Dimond 12 Mahtomedi
53-1 Derek Peterson 9 Forest Lake
52-10 Shawn Madonna 12 Mounds View
52-10 Adam Dolen 12 Montevideo
52-6 Jake Deal 12 Breckenridge/Campbell-Tin
52-3.5 Marcus Benjamin 11 Robbinsdale Cooper
52-1.25 Jeff Dirkes 11 Albany
52-0 Jake Livingston 11 Rosemount
51-11.75 Joe Batters 12 Anoka
51-6 Luke Wigle 12 Eden Prairie
51-4.5 Tim Smisek 10 Northfield
51-4.25 Matt Kleffman 11 Red Wing
51-4.25 Thor Kurtz 11 Duluth East
51-4 Tom Conboy 12 Rosemount
51-3.5 Trevor Kaihoi 12 Minnetonka
51-2.5 Claton Celeberti 12 Mahtomedi
51-1.25 Jon Kubat 12 Dawson-Boyd/Lac Qui Parle
51-1 Nick Anderson 11 Plainview
51-0 Pete LeVake 12 Faribault
50-9.5 Brent Berning 11 Plainview
50-8 Matt Brouse 12 Park
50-7.5 Justin Cox 12 Sebeka-Menahga
50-7 Michael Veldman 11 Albert Lea
50-3.75 Marcus Coleman 12 Wayzata
50-3.5 Eric Hoffman 12 St Cloud Tech
50-2.5 Frank Blundetto 11 Eastview
50-1.5 Dan Fredrickson 12 Blaine
50-0 Brandon Deckert 12 Fergus Falls
49-11.5 Derek Marks 12 Lakeville
49-10.5 Luke Weyandt 12 Blaine
49-10.5 Steve Howard 11 White Bear Lake
49-10.5 Mathias Phelps 12 Maple River
49-10 Jake McKeever 11 Duluth East
49-10 Spencer Powell 12 Montgomery-Lonsdale
49-10 Paul Backowski 10 Foley
49-9.75 Drew Jones 12 Coon Rapids
49-8.75 David Koch 11 Rochester Century
49-8.5 Ben Pecholt 12 Murray County Central
49-8 Kyle Holmgren 11 St Peter
49-6.5 Joe Vanstrom 11 Blaine
49-3.25 Trevor Baloun 9 Windom Area
49-1.5 Derrick Blake 10 Park Center
49-0.75 Tyler Young 12 Albert Lea
49-0.5 James Voyles 12 Eastview
49-0.5 Luke Maresh 11 Glencoe-Silver Lake
49-0.5 Adam Haesly 12 Hastings
49-0.5 Justin Brown Rushford-Peterson/Houston

DISCUS THROW- Minnesota Bests in 2003

194-4 Nate Englin 11 Mounds View
172-9 Adam Brace 12 Grand Rapids
170-0 Jerry Netland 11 Bagley/Fosston
167-9 Andy Klaers 12 Delano
167-0 Derek Marks 12 Lakeville
166-2 Ricky Smith 12 Stewartville
165-9 Ben Paulson 12 LaCrescent
166-5 Pete Miller 12 Rochester Century
165-5 Chris Splinter 12 Stillwater Area
163-6 Erik Moe 11 International Falls/Indus
163-0 Tom Conboy 12 Rosemount
162-11 Dustin Timmerman 11 Roseau
162-8 Mike Palmer 12 Maple Grove
162-4 Tom Davis 12 Mounds View
161-6 Chris Hudspith 12 Esko
161-4 Zachary Berg 10 Spring Lake Park/St Anthony
161-2 Andrew Pratt 12 Roseville Area
160-10 Tyler Young 12 Albert Lea
160-8 Lyndon Murtha 11 Hutchinson
159-7 Chris Fasching 12 Plainview
159-4 Tyler Rother 12 Burnsville
158-9 Aaron Wolfram 12 St Croix Lutheran
158-4 Lucas Scheel 11 Elk River
157-11 Tony Recke 11 Eden Prairie
157-7 Mike Stirlz 12 Prior Lake
157-3 Jim Colvin 12 Eastview
157-0 Ryan Cutshall 12 Eagan
156-11 Mitch Erickson 12 Hutchinson
156-11 Jake Livingston 11 Rosemount
156-10 Jeff Dirkes 11 Albany
156-5 Erick Johnson 11 Red Wing
155-11 Matt O'Keefe 9 Stillwater Area
155-4 Jeff Mervosh 12 Rochester Mayo
154-10 Jake Truebenbach 11 Shakopee
154-5 Phil Olson 11 North Branch
153-11 Mickey Brown 12 Irondale
153-9 Kyle Holmgren 11 St Peter
153-7 Mike Wubbena 12 Blaine
153-7 Marc Perry 12 Irondale
153-5 Jeremiah Enger 12 Dilworth-Glyndon-Felton
153-4 Jake Turgeon 12 Perham
153-4 Cullen Myhre 10 Dilworth-Glyndon-Felton
153-2 Ben Fagin 11 Minnetonka
152-8 Eric Schroeder 11 Stewartville
152-8 Robert Dahl 11 Cromwell
152-5 Alex Lossen 12 Winona
152-5 Tyler LeKang 12 Irondale
152-3 Nate Miller 12 Owatonna
152-2 Dan Gierut 11 Mankato Loyola
151-8 Trevor Dimond 12 Mahtomedi
151-4 Paul Rynda 12 Shakopee
151-1 Nate Safe 12 Cannon Falls
150-10 Andy Wagner 12 Blaine
150-8 Joe Curtis 12 Blaine
150-7 Justin Cox 12 Sebeka-Menahga
149-3 Tony Brinkhaus 12 Bloomington Jefferson
149-2 Brian Johnson 12 Alexandria
148-9 Jason Scrimshaw 11 Rochester Century
148-9 Randy Haken 11 Murray County Central
148-7 Nick Hruska 12 Faribault
148-7 Steve Howard 11 White Bear Lake
148-4 Dan Schik 11 New York Mills
148-3 Joe Wright 12 Hastings
147-9 Tom Soldner 11 Rocori
147-7 Jarrett Siems 12 Rochester JM
147-5 Ryan Anderson 11 Roseau
147-1 Dan Virchow 12 Anoka
146-10 Seth Olson 12 Buffalo
146-6 Matt Mello 12 Osseo
146-5 Zac Preble 10 Greenway